

Physical Education – Sport & Physical Activity

Year 12 Preparation Task

<p>Key Info:</p> <p>Your journey starts here with Unit 1 and Unit 4!</p> <p>You will be working up to a January 2024 exam in both Unit 1 and Unit 4 when you return in September.</p> <p>This is your opportunity to get the jump on the knowledge.</p>		
Week beginning:		Expected completion time:
Activities to be completed	Location of resources	Additional resources/support
<p><u>Unit 1 Research</u></p> <p>LO1 – The Skeletal System</p> <p>1. Research and make note of how the skeleton is separated into 2 different areas/sections.</p> <p>2. The skeletal system has 6 major functions. Can you name them and describe each function?</p> <p>3. The skeleton is made up of ??? bones. All the bones in the skeleton can be divided into 5 types. What are the types and can you give an example (and location) of each.</p> <p>4. How many bones can you identify and correctly name?</p> <p><u>Unit 4 Research</u></p> <p>LO1 – Emergency Procedures</p>	<p>Everlearner</p> <p>External candidates won't have email to add to Everlearner.</p> <p>BBC Bitesize</p> <p>GCSE / Sports Science notebooks</p>	
<p>Work to be submitted:</p> <p>Unit 1 - Bring notes made from the above activities and be prepared to answer exam based questions on the Skeletal System.</p> <p>Unit 4 -</p>		

